Tomatoes

Site and Soil
Choose a planting site which will get direct sunlight most of the day. Open airy sites allow good air flow which helps reduce foliage diseases and cold air injury.
Tomatoes can be grown in most moderately to highly fertile soil types. Sandy loam soils which drain well and warm up quickly favor early crops but may require more watering in mid- to late season than heavier soils. Soil pH should be maintained in the 5.5 to 7.0 range by adding limestone as indicated by soil tests.
Tomatoes grow well in soils rich in organic matter. Well-rotted manure or thoroughly decomposed compost can be worked into the soil before planting time, at rates up to two bushels of manure or four bushels of compost per 100 square feet.
Mineral fertilizers like 5-10-10 or 10-10-10 can be broadcast and mixed into the soil just prior to planting, at rates indicated by soil tests. Do not exceed 4 pounds of 5-10-10 or one-and-one-half pounds of 10-10-10 fertilizer, or equivalent amounts of another fertilizer, per 100 square feet.

Varieties
This warm-season crop is available in a wide variety of plant and fruit characteristics including earliness, plant form, disease resistance, and fruit color and shape. Varieties designated determinate often have a compact bushy plant form with limited growth after fruit initiation, while indeterminate varieties continue to grow and set fruit throughout the season.
Varieties designated F1, F2, V, etc. are resistant to various diseases. Resistance to fusarium wilts (F1, F2) and verticillium wilt (V) is especially valuable. The average number of days from time of transplanting to maturity is also frequently given for each variety. The following varieties or hybrids are among those found suitable for Connecticut gardens:

| Early Season | Spring Set (VF), Early Girl, Pilgrim (VF2) |
| Midseason    | Pik-Rite (VFN), Jet Star (VF), UltraBoy (VFN), Celebrity (VFM), Mountain Pride (VF1,2) |
| Late-season  | Supersonic (VF), Better Boy (VF), Ramapo (VP), Super Beefsteak (VFN), Burpee's Supersteak Hybrid (VFN) |
| Orange       | Burpee's Jubilee, Orange Queen |
| Yellow       | Golden Delight, Yellow Stuffer |
| Paste Types  | Roma (VF), Zeneith, Del Oro |
| Cherry       | Small Fry (VF), Tiny Tim, Pixie (VF), Sweet 100, Cherry Grande (VFI) |
| Plum         | Yellow, Red |
Planting

All danger of frost must be over before tomatoes can be safely placed outdoors. In fact, chill injury may occur at temperatures below 50ºF for many varieties. The average last frost date in Connecticut is mid- to late May, but varies considerably with season, location and site.

Well-developed seedlings (6 to 8 inches tall) may be transplanted into the garden when soil temperatures reach 65ºF and daytime air temperatures average 55º to 60ºF. (If you grow your own seedlings, start them indoors six to eight weeks prior to the transplanting date.) Space seedlings to give five to six square feet per plant. For example, two feet apart in rows three feet wide if tomato cages are to be used. Plants which will be staked and pruned can be planted closer, while those to be grown flat on the ground require more room. Set transplants two to four inches deep. Excessively elongated stems can be partially buried horizontally at this depth. Liquid fertilizer starter solutions reduce transplant stress.

Care

Weeds may be controlled by shallow cultivation, by an opaque (black) plastic mulch or by a thick organic mulch like straw. Mulches serve additional functions by conserving water and reducing plant and fruit contact with the soil. Organic mulches keep soils cool and should not be applied before July.

Supporting vines on stakes or twine trellises and pruning, allows closer spacing and improves air circulation, thereby reducing vine diseases, and makes cultivation easier. Such pruning may reduce the total yield somewhat but gives larger fruit. With these methods, the supports can be five to eight feet high. The plants can be pruned to one or two main stems by saving a strong lower lateral (side) bud to make the second stem and pinching out the other lateral buds as the stems grow. Stems should be tied to the supports.

Wire tomato cages may be used as an alternative to staking or flat ground culture. Indeterminate varieties can fill a cage 18 to 24 inches in diameter and five feet high. Caged plants need not be pruned. For early plantings, transparent plastic can be wrapped around the cages to protect against cold winds. Be sure to open the top on sunny days. High temperatures within a closed cage can kill the plant.

Tomatoes need about one inch of water per week. If rain is insufficient, soak thoroughly at weekly intervals. Irregular watering may cause blossom end rot or fruit splitting. Light sandy soils may require mid-season fertilization, especially after long periods of rain. One or two side dressings of one to two pounds of 5-10-10 or half as much of 10-10-10 (or equivalent amounts of other fertilizers) per 100 square feet can be applied after the first fruit clusters are formed. Apply three to four inches from the stems and water the fertilizer into the soil.

Common Tomato Insect Pests

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<tr>
<th>Insect</th>
<th>Description</th>
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<tr>
<td><strong>Flea beetles</strong></td>
<td>Make large numbers of small feeding holes in the leaves. This may seriously weaken transplants but is less damaging to larger plants. Lightweight floating row covers make good insect barriers which can be removed after plants reach the six leaf stage.</td>
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<td><strong>Cutworms</strong></td>
<td>Can be a serious problem for transplants. Barriers several inches high can be made by wrapping paper, aluminum foil, and thin cardboard or similar materials around the base of transplant stems.</td>
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Tomato hornworm caterpillars

Hand picking and destruction of the caterpillars, and tillage after harvest to destroy soil-borne pupae are effective controls. Caterpillars bearing 1/8 inch white cocoons of parasitic wasps attached to their skins should not be killed.

Aphids

Small soft-bodied, often greenish, insects which feed by sucking on the undersides of leaves and the tender terminal growth. Their feeding can cause curling of the foliage. They are carriers of several virus diseases.

Whiteflies

Small white insects which feed on the undersides of leaves. The juvenile stage resembles a small scale-like insect. They are sucking insects which excrete a sugary substance called honeydew which supports a blackish fungus called sooty mold. When disturbed, the adults fly about for a few moments. Yellow sticky traps can be used to control and monitor the populations.

Spider mites and rust mites

Cause a yellowing to russetting of the foliage while rust mites also attack the fruit. The spider mite is 1/50 of an inch while the rust mite is 1/150 of an inch long making them difficult to see.

Numerous lesser pests or conditions may cause tomato problems occasionally. Samples or images of the damaged plants and the suspected pest(s) can be brought to your regional Cooperative Extension Center or brought or emailed to the UConn Home and Garden Education Center for identification and control information.

Common Tomato Diseases

Septoria leaf spot, early blight and late blight are common foliage diseases caused by fungi. Septoria leaf spot does not affect the fruit but shows up first on lower leaves as numerous small spots with black specks in the center on the leaves. Early blight (*Alternaria solani*) leaf spots have tan centers with concentric rings and yellow halos, usually one or two spots per leaf and dark, sunken areas on the stem end of fruits. Late blight (*Phytophthora infestans*) begins as pale green areas near the edges and tips of leaves which then turn brown and purple-black. The fruit will have dark, leathery areas on the tops and sides. Blossom end rot can also affect eggplant, peppers, squash, and watermelon.
Fusarium wilt and Verticillium wilt are common root diseases caused by fungi. Because of soil-borne spores, an important control of these diseases is rotation of plantings of tomatoes and their close relatives (potato, eggplant, peppers) so they are not grown in a site more often than once in three years. Removal and destruction of infected crop residues and cultural methods that promote rapid drying of wet foliage are also important for control of foliage diseases. Varieties resistant to Alternaria, Fusarium and Verticillium wilts are readily available. Foliage diseases spread rapidly in wet weather. Preventative and treatment applications of fungicide sprays or dusts may be necessary. Use only products which clearly state on their labels that they can be used on tomatoes. Follow directions carefully.

Common Physiological Problems of Tomato

Blossom drop may be caused by temperatures below 55ºF, or above 85ºF, or by excessive nitrogen fertilizer. Blossom end rot of fruits may be caused by inadequate or uneven water supply and excessive nitrogen and certain other conditions which interfere with calcium nutrition in the fruit. Internal hardening, discoloration, or tissue collapse may be present even if there are no outward signs (image on right). Maintain a consistent water supply (1-2” per week) and mulch around plant bases to help conserve moisture during hot, dry periods. Fertilizers used for tomato plants should have low nitrogen, look for ratios of 4-12-4 or 5-20-5. Soil pH should be in the 6.0-6.5 range. There are no resistant varieties. Blossom end rot can also affect eggplant, peppers, squash, and watermelon.

Mis-shapen fruit may result from poor pollination, often caused by cool, wet periods during flowering.

Sunscald of fruits occurs when green tomatoes are overexposed to direct sunlight. Excessive pruning and loss of diseased foliage are common causes. Excessive heat can cause an abiotic disorder called yellow shoulder (see image on the left). Growth cracks in fruits are common when long, dry periods are followed by rainy periods. (image on the right).

Deformed stems and leaves may signal injury from herbicides used on nearby lawns to control broadleaf weeds or when grass clippings from treated lawns are used as a mulch.

Failure to set flowers could be due to insufficient sunlight and/or excess nitrogen (over fertilization).

Find more articles on growing tomatoes on our Vegetable IPM page.

Despite good cultural practices, pests and diseases at times may appear. Chemical control should be used only after all other methods have failed.
